

“The herb that can’t be got is the one that heals.”-Irish Saying



October- In Our Herb Garden:

-Consider herbal extracts to boost your bodies natural immune system (we need care too!) such as: *Echinacea* (*Echinacea purpurea*, "Purple Cone-flower" root), and/or *Garlic* (concentrated tablets). - *me*

-Add compost to your garden as a winterizer and mulch. Use acidified cottonburr compost or Ladybug Revitalizer, unless you make your own. You can make it even more bioactive with the addition of Lady Bug or Happy Frog bioactive fertilizers.

- It's not too late to plant frost-tolerant herb annuals or perennials.

-This is the month to plant garlic cloves and onion sets. The Tex. Coop. Ext. Svc. recommends Texas white garlic and 1015 onions.

- Salad groupings and exotic greens should also be planted now. Examples are sorrel, arugula, salad burnet, leaf lettuces, nasturtium. Nasturtiums are also great pollinating insect attracters as well.

-Sow wildflower seeds.

HERBS: A Resource Guide for San Antonio (visit the San Antonio Herb Society's web site @ <http://www.saherbs.org>)

-MG-Brian D. Townsend

-George Gentry-General Manager, Thousand Oaks

