



Gardening for Pollinators



by Laura Jarvis CLT, owner The Butterfly Landing

Pick plants for your yard from the 4 categories below.

There are many more plants in each of the categories but these are easy to find, grow well, and give you a wide range of color and size.

Nectar plants for butterflies

coreopsis
 duranta
 zinnia
 purple coneflower
 verbena
 salvias
 Mexican flame vine
 pincushion flower
 milkweed
 lantana
 Gregg's blue mistflower and fragrant mistflower
 butterfly bush
 asters

Host plants for butterflies

milkweed
 cenizo
 dill, fennel, parsley and rue
 passionflower
 sunflowers, and cowpen daisies
 sennas, popcorn and candle stick plants
 2 leaf senna and Lindheimer's senna
 snapdragons, angelonia, and toadflax
 frogfruit
 hollyhocks
 pipevines
 flame acanthus
 citrus

Plants for bees

Bees like almost all herb flowers and blue colors

agastache	bluebeard
basils	citrus
oreganos	legumes
mints	hyssops
sages	borage
Texas sage	
verbenas	
frogfruit	
Mexican heather and other Cupheas	
rosemary (rosemary is especially good because it blooms in the fall and winter when there are limited sources of blooms for the bees)	

Nectar plants for hummingbirds

Plants with orange or red tubular bell type flowers are a magnet for hummers.

duranta	agastache
salvias	penstamen
hummingbird bush	butterfly bush
firecracker fern	red yucca
Mexican honeysuckle	
firebush	
coral and red honeysuckles	
trumpet vines	
Mexican oregano	