



Gardening for Pollinators



by Laura Jarvis CLT, owner The Butterfly Landing

Pick plants for your yard from the 4 categories below.

There are many more plants in each of the categories but these are easy to find, grow well, and give you a wide range of color and size.

Nectar plants for butterflies

coreopsis *
 duranta
 zinnia
 purple coneflower *
 verbena *
 salvias *
 Mexican flame vine
 pincushion flower
 milkweeds *
 lantana *
 Gregg's blue mistflower *
 and fragrant mistflower *
 butterfly bush
 asters *

Host plants for butterflies

milkweed *
 Texas sage *
 dill, fennel, parsley and rue
 passionflower *
 sunflowers, and cowpen daisies *
 sennas, popcorn and candle stick plants *
 2 leaf senna and Lindheimer's senna *
 snapdragons, angelonia, and toadflax
 frogfruit *
 hollyhocks
 pipevines *
 flame acanthus *
 citrus & wafer ash *

Plants for bees

Bees like almost all herb flowers and blue colors

agastache *	bluebeard
basils	citrus
oreganos	legumes *
mints	hyssops *
sages, edible types	borage
Texas sage *	
verbenas *	
frogfruit *	
Mexican heather and other Cupheas	
rosemary (rosemary is especially good because it blooms in the fall and winter when there are limited sources of blooms for the bees)	

Nectar plants for hummingbirds

Plants with orange or red tubular bell type flowers are a magnet for hummers.

duranta	agastache *
salvias *	penstamen *
hummingbird bush or *	butterfly bush
also called flame acanthus	red yucca *
firecracker fern	
Mexican honeysuckle	
firebush	
coral and red honeysuckles	
trumpet vines	
Mexican oregano	

* Indicates Native varieties available. Note: not all plants of each type may be true natives, many of these have some hybrid varieties and cultivars in the market place.