



POLLINATORS: HOST AND NECTAR HERBS

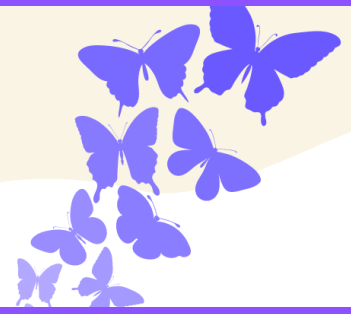


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Host Herbs	Butterflies	Host to:
Borage	√	Painted Lady
Dill	√	Black Swallowtail
Fennel	√	Black Swallowtail
Mint	√	Gray Hairstreak Painted Lady
Parsley	√	Black Swallowtail
Rue	√	Black Swallowtail Giant Swallowtail



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Nectar/Food Herbs	Butterflies	Bees	Hummingbirds
Basils (all varieties but particularly):			
African Blue	✓	✓	
Cardinal			
Bee Balm	✓	✓	✓
Borage	✓	✓	
Calendula	✓	✓	
Catmint	✓	✓	✓
Chives	✓	✓	
Comfrey		✓	
Dill	✓	✓	
Fennel	✓	✓	
Hyssop	✓	✓	✓
Lavender	✓	✓	✓
Mexican Mint Marigold	✓	✓	
Mexican Oregano	✓	✓	✓
Mints	✓	✓	
Oregano		✓	
Pineapple Sage	✓	✓	✓
Rosemary	✓	✓	✓
Thyme	✓	✓	
Wild Marjoram		✓	

To have nectar, herbs must be allowed to flower. Herbs that are allowed to produce blooms are generally past their prime to use as culinary herbs.

Follow the one for me, one for you policy: Plant an herb to use in the kitchen that you harvest often and don't let bloom, and an herb for the pollinators that you do allow to bloom.